



The Benefits of Having a Roommate

Having a roommate can be a great experience! Here are some benefits of sharing a home:

- It's can save you money! Sharing a space with someone typically costs a lot less than renting an apartment on your own. You can also save money by pooling your food and household resources with your roommates.
- You'll have someone to talk to! Having roommates can be a really nice way to conquer loneliness. You can create your own home with chosen family.
- Fewer chores! Sharing cleaning tasks with roommates means you won't have to do it all yourself.

Finding a Roommate

There are many places you can look both online and in-person to find a new roommate.

Finding Roommates Online

Browse Facebook groups:

- Homes for Queers
- Roomies for Queers
- Trans Housing Toronto
- Toronto Home Zone



Use search platforms:

- Kijiji
- ViewIt
- Roomies
- Toronto Roommates



Finding Roommates through Events

Join a roommate event:

[The 519's Roommate Mixer](#)

An event for LGBTQ2S people of all ages, held the first Wednesday of every month from 4-5:30pm. This event is currently running virtually. Visit The 519 website to register.

[Speed Roomies](#)

An event for people to meet and find roommates, in partnership with Bunz (held several times per year- google for details and the most current event!)

Choosing a Roommate

In order to find a good roommate match and have a good living experience, consider asking potential new roommates get-to-know-you questions. Here are some examples:

- What is your housing budget?
- Where are you hoping to live?
- When do you want to move?
- Do you have pets?
- Do you like to have parties or people over to the apartment?
- Do you have a partner(s)? If yes, how often will they visit?
- Do you smoke?



- Do you like to go to bed early?
- What do you do for a living? Do you ever work from home?
- Have you lived with roommates before? What was that like?
- What are your cleaning habits?
- How do you feel about overnight guests?
- How do you like to solve conflict?
- Do you like to cook?
- Do you like to share? (eg. cookware, food, cleaning products)
- When you've had a bad day, what do you need?

Navigating Boundaries and Conflict with Roommates

Creating and establishing boundaries, as well as working through conflict can be one of the hardest parts of having roommates.

What is a personal boundary?

Personal boundaries are the guidelines, limits, or rules we set for ourselves in relationships. Knowing your own boundaries is helpful in creating safe and healthy relationships with roommates. Boundaries are about self-love and respecting your own needs.

Tips for Better Boundaries:

1. Think about your own limits, and what you can tolerate, versus what makes you stressed
2. Tune into your own feelings
3. When communicating with others about your boundaries, be direct and concise
4. Make taking care of yourself a priority
5. Ask for help when you need it

Remember: boundaries are not conditional on how someone else responds to them. Your boundaries are your rights!

Conflict is a natural part of life, and often occurs when there are two or more people with different expectations and needs. However, with good communication, conflict can often be resolved.

Tips for Conflict Resolution:

1. Have a plan- think about what you will say ahead of time
2. Be open to finding a solution that works for everyone
3. Practice empathy for yourself and the other person
4. Try to understand the other person's perspective
5. Use 'I' statements to communicate your needs
6. Stay calm, and take a break if it's needed

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