

LGBTQ2S YOUTH SUICIDE

LGBTQ2S YOUTH ARE ESPECIALLY VULNERABLE

to mental health concerns, and face increased risk of physical & sexual exploitation, substance use & suicide.



**SUICIDE - 2ND LEADING
CAUSE OF DEATH FOR
YOUNG PEOPLE (AGES 10 - 24)**

TRANSPHOBIA IS DANGEROUS AND LEADS TO SUICIDE TRANSPHOBIA KILLS

The TransPULSE study (2010) investigated the health needs of trans people across Ontario, and they found:

77% SERIOUSLY CONSIDERED
SUICIDE

45% ATTEMPTED
SUICIDE



**LGBTQ2S YOUTH
= 14X THE RISK
OF SUICIDE
THAN STRAIGHT
CISGENDER YOUTH**

**WHY ARE LGBTQ2S
PEOPLE AT HIGHER RISK?**

**STIGMA
DISCRIMINATION
REJECTION
VIOLENCE
TRAUMA
PREJUDICE**

SUPPORTIVE ENVIRONMENTS ARE KEY TO MENTAL HEALTH



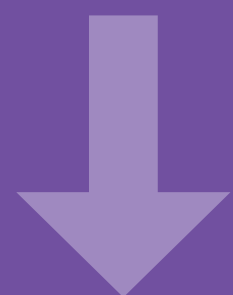
Youth who identify with and are connected to the LGBTQ2S community have significantly less internalized homophobia than youth who are not connected to their community.

Family acceptance of LGBTQ2S adolescents is associated with good mental and physical health in LGBTQ2S youth.



RISK OF SUICIDE DECREASES BY

93%



WITH STRONG FAMILY SUPPORT

Written by Dr. Alex Abramovich (2016) SOURCES: Benibgui, M. (2011). Mental health challenges and resilience in lesbian, gay and bisexual young adults: Biological and psychological internalization of minority stress and victimization. Concordia University, Montreal.; The Trevor Project (2016). Facts about Suicide.; Travers, R., Bauer, G., Pyne, J., & Bradley, K. (2012) Impacts of Strong Parental Support for Trans Youth. A report prepared for Children's Aid Society of Toronto and Delisle Youth Services.

#ENDYOUTHHOMELESSNESS

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