

# LGBTQ2S YOUTH SUICIDE

## LGBTQ2S YOUTH ARE ESPECIALLY VULNERABLE

to mental health concerns, and face increased risk of physical & sexual exploitation, substance use & suicide.



**SUICIDE - 2<sup>ND</sup> LEADING CAUSE OF DEATH FOR YOUNG PEOPLE (AGES 10 - 24)**

## TRANSPHOBIA IS DANGEROUS AND LEADS TO SUICIDE TRANSPHOBIA KILLS

The TransPULSE study (2010) investigated the health needs of trans people across Ontario, and they found:

**77% SERIOUSLY CONSIDERED SUICIDE**

**45% ATTEMPTED SUICIDE**



**LGBTQ2S YOUTH = 14X THE RISK OF SUICIDE THAN STRAIGHT CISGENDER YOUTH**

**WHY ARE LGBTQ2S PEOPLE AT HIGHER RISK?**

**STIGMA  
DISCRIMINATION  
REJECTION  
VIOLENCE  
TRAUMA  
PREJUDICE**

## SUPPORTIVE ENVIRONMENTS ARE KEY TO MENTAL HEALTH



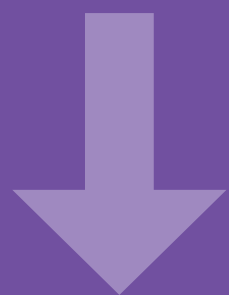
Youth who identify with and are connected to the LGBTQ2S community have significantly less internalized homophobia than youth who are not connected to their community.

Family acceptance of LGBTQ2S adolescents is associated with good mental and physical health in LGBTQ2S youth.



**RISK OF SUICIDE DECREASES BY**

**93%**



**WITH STRONG FAMILY SUPPORT**

Written by Dr. Alex Abramovich (2016) SOURCES: Benibgui, M. (2011). Mental health challenges and resilience in lesbian, gay and bisexual young adults: Biological and psychological internalization of minority stress and victimization. Concordia University, Montreal.; The Trevor Project (2016). Facts about Suicide.; Travers, R., Bauer, G., Pyne, J., & Bradley, K. (2012) Impacts of Strong Parental Support for Trans Youth. A report prepared for Children's Aid Society of Toronto and Delisle Youth Services.; TransPULSE (2010); Bauer, G., Boyce, M., Coleman, T., Kaay, M., Scanlon, K., Travers, R. (2010). Who are trans people in Ontario? Toronto: Trans PULSE E-Bulletin. Report No:1(1).

**#ENDYOUTHHOMELESSNESS**

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